uls & signals

If and when possible, try to respond to your newborn's hunger cues as soon as possible. Crying is often a "late" hunger cue, and may require you to calm your baby before

feeding them to ensure they are relaxed and able to latch/feed effectively.

Early Cues

"I'm hungry"



Stirring

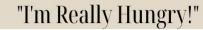


Mouth Opening



Turning Head/Rooting

Mid Cues





Stretching



Increasing Movements



Hand to Mouth

Late Cues

"Calm Me Then Feed Me!"





